



AAAM LEVEL 1 CERTIFICATE COURSE

April 17-19, 2015

Course Faculty: Prof.Michel Delune ; Prof.Alessio Redaelli

DAY 1: Friday, April 17,2015. Faculty: Prof.Alessio Redaelli **BOTULINUM TOXIN TYPE A AND DERMAL FILLERS**

08:30 – 09:30	Registration
9:30 – 11:30	Botulinum Toxin Type A <ul style="list-style-type: none">▪ Introduction▪ Indications and consent▪ Patient selection▪ Complications▪ Advice pearls
11:30 – 12:00	COFFEE BREAK
12:00 – 13:30	Practical Workshop and Hands-On Botox
13:30 – 14:30	LUNCH
14:30 – 15:45	Dermal Fillers <ul style="list-style-type: none">▪ Facial wrinkles classification▪ Skin fillers<ul style="list-style-type: none">❖ Introduction and types❖ Indication and consent❖ Patient selection❖ Complications❖ Advice pearls
15:45 – 16:00	Daily Test on Botox and Fillers
16:00 – 16:30	COFFEE BREAK
16:30 – 18:30	Practical Workshop and Hands-On Dermal Fillers

Day 2: Saturday, April 18, 2015. Faculty: Prof. Michel Delune

CONDITIONING AND CHEMICAL PEELINGS

08:30 – 08:45 **Introduction to the World of Aesthetic Medicine**

08:45 – 10:30 **Skin Conditioning + Skin Classification**

- Indications & contra-indications
- Side effects
- Results
- Skin regimen

10:30 – 11:00 **COFFEE BREAK**

11:00 – 12:30 **Chemical Peelings**

- Indications and patient selection
- Contra-indications
- Peeling agents: How to make the right selection?
 - ❖ Glycolic acid
 - ❖ Salicylic acid
 - ❖ TCA
 - Modified TCA (Easy Peel, Blue Peel)
 - Plain TCA
 - ❖ Combined peelings
 - Apothepeel
 - Jessner Peel

12:30 – 13:30 **LUNCH**

13:30 – 14:45 **Management of Complications from Chemical Peelings**

14:45 – 15:00 **Daily Test on Skin Conditioning and Peelings**

15:00 – 15:30 **COFFEE BREAK**

15:30 – 17:30 **Live Demonstrations and Hands-On Peelings**
(Glycolic, Easy Peel, Salicylic, Apothepeel)

Day 3: Sunday, April 19, 2015. Faculty: Prof. Alessio Redaelli
LASERS, PHYSICAL PEELINGS AND TECHNOLOGIES IN AESTHETIC MEDICINE

08:30 – 09:15 **Introduction to Lasers and Their Physics**

09:15 – 10:00	Types of Lasers and Laser Safety
10:00 – 10:30	Laser Skin Resurfacing
10:30 – 11:00	COFFEE BREAK
11:00 – 11:45	Photorejuvenation Techniques <ul style="list-style-type: none"> ▪ Intense Pulsed Light (IPL) ▪ Radiofrequency ▪ Infrared (IR) and Ultrasounds (US) ▪ Photodynamic Therapy (PDT) and Light Emitting Diode (LED)
11:45 – 12:15	Fraxel Lasers
12:15 – 12:30	Laser Treatments for Vascular Lesions
12:30 – 13:30	LUNCH
13:30 – 13:45	Laser Tattoo Removal
13:45 – 14:00	Laser Treatments for Hair Removal
14:00 – 14:15	Body Contouring Medical Devices <ul style="list-style-type: none"> ▪ What is available on the market today? ▪ How to make the right choice?
14:15 – 14:30	Management of Complications from Laser and IPL
14:30 – 14:45	Physical Peelings <ul style="list-style-type: none"> ▪ Cryopeelings ▪ Microdermabrasion ▪ Dermabrasion
14:45 – 15:00	Daily Test on Lasers
15:00 – 15:30	COFFEE BREAK
15:30 – 17:30	Live Workshop on Lasers, IPLs and Other Systems